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## **EXTRACTION METHOD STATEMENT**

Product Name: MILK THISTLE SEED OIL

Product Code: PCO4003

Nature In Bottle certify that MILK THISTLE SEED OIL has been extracted using cold pressing which means it is minimally processed using mechanical extraction (pressure) and low-temperature controlled conditions [at around 80-90°F (26-32°C)] controlled conditions to extract the oil. The phytonutrient-rich oil is then fine-filtered using a screen, to remove any significant solids or undesired impurities from the oil. No chemical solvents, no high-heat temperatures, and no further chemical refining to alter the condition (colour, scent) of the oil.

As it is electronically generated document, hence no signature required.